

BE WELL

Potluck

Hosted by Venture Prep's Wellness team!

TRY HEALTHY BUT TASTY
FOOD MONTHLY!

OCT	13 th	Salad Bar Themed	FREE!
NOV	17 th	Hispanic Cuisine	FREE!
DEC	20 th	Healthy Holidays	\$ 3.00
JAN	19 th	Soups, Stews + Chilis	\$ 3.00
FEB	22 nd	BLACK HISTORY MONTH/ HEALTHY SOUL FOOD	\$ 3.00
MAR	13 th	Asian Cuisine	\$ 3.00
APR	26 th	Healthy Desserts	\$ 3.00
MAY	18 th	Smoothies	\$ 3.00